Sacramento City College

California Community College
State Champions

2013 – Taylor Hodel (157) Vacaville HS
  Desi Rios (165) Pleasant Valley HS
  Alex Campos-Chambers (174) Chico HS **
  Kenny Steers (184) Ponderosa HS

2010 – Jesse Helling (184) Winters HS
2008 – Cody Vasconcellos (174) Central Catholic HS
2007 – Juan Archuleta (141) Sultana HS
2006 – Jerred Dixon (197) Galt HS
2005 – Konrad Schwartz (174) Galt HS
2001 – Nick Tatum (149) Vacaville HS
1997 – Randy Leydecker (285) Carson HS – NV
1996 – Branden Rush (158) Orland HS
1993 – Pat Coffing (142) Elk Grove HS
  Tony Cooper (150) Enterprise HS
1992 – Jeff Hobart (126) Elk Grove HS
1991 – Jeff Hobart (126) Elk Grove HS
  Todd Parham (190) Ponderosa HS
1987 – Leo Woodfork (190) McClatchy HS
1984 – Jose Reyes (167) Esparto HS
1981 – Scott Teuscher (167) Woodland HS
1980 – Mark Loomis (190) Bella Vista HS **
1966 – Steve Niles (130) El Dorado / Ponderosa HS

SECOND Place

1989 – Scott Saltz (150) Saldotna HS – AK
1988 – Blu Taylor (158) El Camino HS
  Adrian Burley (167) Cordova HS
1987 – Blu Taylor (158) El Camino HS

THIRD Place

2012 – Tyler Brown (174) Calaveras HS
2011 – Isaiah Hurtado (133) Sheldon HS
2010 – Tyler Diamond (141) Oroville HS
2009 – Tim Nevarez (149) Sutter HS
  Shawn Michalek (184) Folsom HS
2005 – Jesse Fernandez (165) Vacaville HS
  JD Thrall (157) Elk Grove HS
2003 – Mark Pfeifer (149) Golden Sierra HS
2000 – Shane Clark (184) Vacaville HS
1999 – Art Martinez (165) Woodland HS
  Sion King (174) Florin HS

**Outstanding Wrestler at the State Meet**

SCC California Community College
State Medalists

SECOND Place

2013 - Tyson Kuahine (165) Kamehameha HS, HI
  Hudson Buck (197) Vacaville HS
2012 – Bryant Wood (149) Horizon HS, AZ
  Tyson Kuahine (157) Kamehameha HS, HI
2011 – Gavin Ludwig (165) Elk Grove HS
2010 – Anthony Harris (149) Rosemont HS
2009 – Joseph Garner (165) Monterey Trail HS
2008 – Robert Carothers (157) Rio Linda HS
2004 – Mark Pfeifer (149) Golden Sierra HS
  Will Simmons (165) Rio Linda HS
2000 – Sion King (174) Florin HS
  Nick Tatum (165) Vacaville HS
1999 – Brett Gordon (149) Woodland HS
1996 – Justin Dersch (134) Enterprise HS
  Jack Blosser (190) Tennessee
  Randy Leydecker (285) Carson HS – NV
1994 – Dan Jones (285) Corning HS
1992 – Gabe Estrada (158) Valley HS
Third Place - Continued

1995 – Branden Rush (158) Orland HS
1986 – Ross Meier (150) Kennedy HS
Brent Kranig (167) Christian Brother HS
1985 – Dan Dewater (177) Ponderosa HS
1970 – John Ming (190) Elk Grove HS

FOURTH PLACE

2013 – Albert Landeros (125) Tracy HS
2012 – Sean Melton (133) Ponderosa HS
Enrique Barajas (141) Arroyo HS
1981 – Shawn Porter (157) Elk Grove HS
2009 – Kale Degrandmont (174) Elk Grove HS
2006 – Cory Compton (184) El Camino HS
2003 – Jason Holt (174) Sutter HS
2002 – Todd Barden (197) Sutter HS
2000 – Brett Gordon (149) Woodland HS
Ben Ward (157) Armijo HS
1998 – Scott Smith (184) Elk Grove HS
1997 – Amir Noble-Mohammad (126) Woodside HS
1996 – Tom Vierra (126) Rio Americano HS
Victor Perry (167) Orland HS
1993 – Brandon Burks (190) Roseville HS
1992 – Todd Parham (190) Ponderosa HS
1991 – Chad Lavezzo (142) Oakmont HS
1986 – Leo Woodfork (190) McClatchy HS
1983 – David Williams (158) Dixon HS
1980 – Scott Teuscher (158) Woodland HS
1977 – Mario Bett (150) McClatchy HS
David Pacheco (158) Burbank HS
1971 – Nate Harris (177) Grant HS
1969 – George Bigelow (130) Woodland HS

FIFTH PLACE

2011 – Anthony Vega (141) Lindhurst HS
Gerson Nkunku (184) College Park HS
2009 – Tyler Diamond (141) Oroville HS
Kevin Keisler (197) Vacaville HS
2008 – Shawn Michalek (184) Folsom HS
BJ Mosley (197) Elk Grove HS
2005 – Josh Emmitt (149) El Camino HS
2004 – Konrad Schwartz (174) Galt HS
Jerred Dixon (184) Galt HS
2000 – Sean Reid (197) Corning HS
1993 – Todd Oliver (158) Bella Vista HS
1992 – T. C. Gholar (285) Burbank HS
1991 – Ryan Miller (177) Elk Grove HS
1989 – Brian Ormson (285) Vacaville HS
1988 – Lee Soto (126) Del Campo HS
1984 – Phil Scott (190) Fairfield HS
1983 – Jim Scarr (142) Ponderosa HS
1982 – Don Reppond (150) Ponderosa HS
1967 – Ron Baldwin (130) Woodland HS

SIXTH PLACE

2013 – Laith Alnassiri (141) Sheldon HS
Will Upson (149) Vacaville HS
2011 – Nathan Monck (125) Orland HS
2010 – Kevin Keisler (197) Vacaville HS
Marco Orozco (165) Salinas HS
2007 – Robert Carothers (165) Rio Linda HS
2005 – Cory Compton (197) El Camino HS

Sixth Place - Continued

2003 – John Synhorst (133) Christian Brothers HS
2001 – Ryan Green (190) Middleberg HS – FL
1998 – Manuel Garcia (133) Ripon HS
1997 – Ryan Shaw (190) Elk Grove HS
1995 – Dustin Silva (190) Trinity HS
1993 – Aaron Reeves (134) Ponderosa HS
1993 - Dan Jones (285) Corning HS
1991 – Vance Wheatley (150) Elk Grove HS
Lance Thurman (167) Primeville HS – OR
1987 – Adrian Burley (167) Cordova HS
1984 – Ken Wharry (134) La Sierra HS
1983 – Wes Gaston (118) Bella Vista HS
1970 – Tom Zehnder (134) Elk Grove HS
1967 – Alex Docherty (115) El Dorado HS

SEVENTH PLACE

2013 – Logan Paxton (285) Pleasant Grove HS
2012 – Shawn Porter (165) Elk Grove HS
2011 – Paul Buchanan (285) Ponderosa HS
2010 – Jesse Green (285) Bret Harte HS
2009 – Shawn Brendle (157) Sheldon HS
2003 – Josh Emmett (141) El Camino HS
2002 – John Synhorst (125) Christian Brothers HS
Art Martinez (165) Woodland HS
1999 – Cortney Page (184) Bella Vista HS
1997 – Sherwood Thomson (150) Folsom HS
1995 – Lawrence Saenz (177) Armijo HS
1994 – Derek Nenedel (167) Oak Ridge HS
1992 – Justin Schneider (150) Cordova HS
1988 – Clint Birch (177) Vacaville HS
Brian Ormson (190) Vacaville HS
1982 – Jim Hull (177) Dixon HS

EIGHTH PLACE

2013 – Allen Emmons (184) Ponderosa HS
2012 – Paul Buchanan (285) Ponderosa HS
2010 – Russell Williams (157) Yuba City HS
2009 – Sophan Mey (125) Elk Grove HS
2008 – Justen Lockling (133) Rio Linda HS
2006 – Daymond Bland (133) Kennedy HS
2004 – Tony Arena (141) Golden Sierra HS
2003 – Bryan Frazier (184) Fairfield HS
LeShawn Smith (197) Florin HS
2001 – Brad Martin (165) Elk Grove HS
1998 – Nate Coffin (149) Trinity HS
1997 – James Williams (167) Norland HS – FL
1994 – Mark Burns (150) Esparto HS
1992 – Aaron Reeves (134) Ponderosa HS
1990 – Matt Scanavino (190) Elk Grove HS
1989 – Shaune Silva (134) Tracy HS
1984 – Dan Dewater (177) Ponderosa HS
1983 – Louis Demas (150) Sacramento HS
1981 – Robert Simpson (118) Kennedy HS
### REGIONAL CHAMPIONS

** denotes 2x Champ

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### CONFERENCE CHAMPIONS

** 2x Champ - Name underlined is Conference MVW

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Conference Champs - Continued

1985 – Jim Becker (150)  Cordova HS
   Dan Dewater (177)  Ponderosa HS
1984 – John Conley (126)  Ponderosa HS
   Ken Wharry ** (134)  La Sierra HS
   Jose Reyes (167)  Esparto HS
1983 – Ken Wharry (134)  La Sierra HS
   Louis Demas (150)  Sacramento HS
1982 – Jim Scarr ** (142)  Ponderosa HS
   Don Repond (150)  Ponderosa HS
1986 – Bruce Summers (158)  Bella Vista HS
   Frank Rutledge (285)  Oak Ridge HS
1982 – Jim Scarr (142)  Ponderosa HS
   Bruce Byerly (134)  Johnson HS
   Joe Pacileo (142)  Ponderosa HS
   Scott Teuscher (167)  Woodland HS
1980 – Mark Loomis (190)  Bella Vista HS
1979 – Mitch Clark (142)  Kennedy HS
1978 – Chuck Botelho (167)  Davis HS
1976 – Duane Fidel (118)  Cordova HS
1971 – Nate Harris (177)  Grant HS
1970 – John Ming (190)  Elk Grove HS
1969 – George Bigelow (130)  Woodland HS
1967 – Jay Yaurdegis (130)  Cordova HS
1966 – Steve Niles (130)  El Dorado HS
   George Bigelow (137)  Woodland HS

2000 – Ryan Synhorst  Christian Brothers HS
   Brett Gordon **  Woodland HS
   Ben Ward  Armijo HS
   Al Williams **  Sacramento HS
1999 – Brett Gordon  Woodland HS
   Nate Coffin **  Trinity HS
1998 – Nate Coffin  Trinity HS
   Al Williams  Sacramento HS
1997 – David Littrell  Durham HS
   Randy Leydecker  Carson City HS – NV
1996 – Doug Bonneville  Foothill HS – Redding
   Daniel Stevens  Elk Grove HS
   Randy Leydecker  Carson City HS – NV
1995 – Casey Tosta  Galt HS
1994 – Scott Ozawa  El Dorado HS
   Jeremy Peterson  Oak Ridge HS
   Aaron Reeves **  Ponderosa HS
1993 – Jeff Hobart **  Elk Grove HS
   Aaron Reeves  Ponderosa HS
1992 – Jeff Hobart  Elk Grove HS
   Clint Birch  Vacaville HS
1991-92  John Synhorst **  Christian Brothers HS
   Tony Arena  Golden Sierra HS
   Will Simmons **  Rio Linda HS
1990-91  John Synhorst  Christian Brothers HS
   Will Simmons **  Rio Linda HS
1989-90  Jason Holt  Sutter HS
1988 -99  Marcus Moore  Florin HS
1987-88  John Synhorst  Christian Brothers HS
1986-87  David Lee  Trinity HS
1985-86  Jason Holt  Sutter HS
1984-85  Todd Barden  Sutter HS
1983-84  Ryan Synhorst **  Christian Brothers HS
1982-83  James Moralez  Jesuit HS
1981-82  Chris Davis  Rocklin HS

ACADEMIC ALL-AMERICANS
** denotes 2x AAA

2013 – Alex Campos-Chambers  Chico HS
   Will Upson  Vacaville HS
   Anthony Sakaoka  Valley HS
   Albert Landeros  Tracy HS
   Logan Paxton  Pleasant Grove HS
2011 – Anthony Vega  Lindhurst HS
   Gavin Ludwig **  Elk Grove HS
   Gaaret Marinelli  Ponderosa HS
   Shawn Porter  Elk Grove HS
2010 – Anthony Harris  Rosemont HS
   Russell Williams  Yuba City HS
   Jesse Green  Bret Harte HS
   Tyler Diamond  Oakville HS
2009 – Justen Lockling **  Rio Linda HS
   Shawn Michalek  Folsom HS
   Anthony Ghannam **  Rodriguez HS
2008 – Robert Carothers **  Rio Linda HS
   Anthony Ghannam  Rodriguez HS
   Justen Lockling  Rio Linda HS
   Brandon Johnson  Del Oro HS
   Dylan Snively  El Dorado HS
2007 – Gavin Ludwig  Elk Grove HS
   Robert Carothers  Rio Linda HS
2006 – Cory Compton  El Camino HS
2005 – JD Thrall  Elk Grove HS
2004 – Akan Masai  Johnson HS
   Tony Arena  Golden Sierra HS
   Will Simmons **  Rio Linda HS
2003 – John Synhorst **  Christian Brothers HS
   Will Simmons **  Rio Linda HS
   Jason Holt **  Sutter HS
2002 – Marcus Moore  Florin HS
   John Synhorst  Christian Brothers HS
   David Lee  Trinity HS
   Jason Holt  Sutter HS
   Todd Barden  Sutter HS
2001 – Ryan Synhorst **  Christian Brothers HS
   James Moralez  Jesuit HS
   Chris Davis  Rocklin HS

NOTE: SCC has more Academic All-Americans than ANY other California Community College Wrestling program !!!

SACRAMENTO CITY COLLEGE
OUTSTANDING STUDENT ATHLETE AWARD

2011-12  Gavin Ludwig  Elk Grove HS
2010-11  Anthony Harris  Rosemont HS
1991-92  Aaron Reeves  Ponderosa HS
1999-00  Raven Seyman  Davis HS
1983-84  David Williams  Dixon HS
1976-77  Duane Fidel  Cordova HS

SACRAMENTO CITY COLLEGE
OUTSTANDING ATHLETE AWARD

2008-09  Cody Vasconcellos  Central Catholic HS
2007-08  Juan Archuleta  Sultana HS
2005-06  Konrad Schwartz  Galt HS
2004-05  Mark Pfeifer  Golden Sierra HS
2000-01  Sion King  Florin HS
1997-98  Randy Leydecker  Carson City HS – NV
1996-97  Branden Rush  Orland HS
1992-93  Jeff Hobart  Elk Grove HS
1991-92  Todd Parham  Ponderosa HS
1987-88  Leo Woodfork  McClatchy HS
1984-85  Jose Reyes  Esparto HS
1980-81  Scott Teuscher  Woodland HS
1979-80  Mark Loomis  Bella Vista HS
1978-79  Mitch Clark  Kennedy HS
1977-78  Chuck Botelho  Davis HS
1969-70  John Ming **  Elk Grove HS
1965-66  Steve Niles  El Dorado / Ponderosa HS
INDIVIDUAL RECORDS

MOST WINS ONE SEASON
59 – Steve Niles – 1966
44 – John Ming - 1970
40 - Hudson Buck – 2013
38 – Alex Campos-Chambers - 2013
37 – Tom Zehnder - 1973
36 – David Pacheco - 1977
Mark Loomis - 1980
Scott Teuscher - 1981
35 – Scott Teuscher - 1980
Brent Kranig - 1986
34 – Nate Harris - 1971
Mario Bettii - 1977
Jose Reyes, 1984
Brandon Rush, 1995
Shane Clark - 2000
Mark Pfeifer - 2004

MOST WINS TWO SEASONS
71 – Scott Teuscher, 1980-81
65 – Mario Bettii, 1976-77
64 – Alex Campos-Chambers 12-13
62 – Tyler Diamond 2009-10
Duane Fidel, 1976-77
61 – Randy Leydecker, 1996-97
60 – JD Thrall, 2005-06
Sion King, 1999-2000
Branden Rush, 1995-96
59 – Steve Niles, 1966
58 – Blu Taylor, 1987-88
Mark Pfeifer, 2003-04
57 – Justin Dersch, 1994 - 1996
56 – Anthony Harris, 2009-10
Nate Harris, 1971-72
55 – Cory Compton 2005-06
54 – David Pacheco, 1976-77
Ken Steers, 2011 and 2013

MOST TAKEDOWNS
136 – Anthony Harris, 2010
133 – Aaron Reeves, 1993
130 – Juan Archuleta, 2007
118 – Daniel Castillo, 1999
117 – Blu Taylor, 1988
Daniel Castillo, 1998
112 – Steve Niles, 1966
108 – Anthony Harris, 2009
103 – Mark Pfeifer, 2004
100 – Amir Noble-Mohammad, 1997
Blu Taylor, 1987
98 – Josh Emmett, 2005
97 – Joe Garner, 2009
92 – Cody Vasconcellos, 2008
91 – Hudson Buck, 2013

MOST ESCAPES
81 – Laith Alnassiri, 2013
76 – Cory Compton, 2006
68 – Joe Garner, 2009
64 – Albert Landeros, 2013
Chad Lavezzo, 1991
Nate Coffin, 1998
63 – Gavin Ludwig, 2007

MOST REVERSALS
46 – George Bigelow, 1969
39 – John Conley, 1984
31 – Justin Dersch, 1994
30 – Brent Kranig, 1986
28 – Lawrence Saenz, 1995
23 – Gavin Ludwig, 2007
21 – Will Upson, 2013
19 – Christian Carbajal, 2013
18 – Justen Lockling, 2008
17 – Albert Landeros, 2013
Adam Busch, 2012

MOST NEARFALLS
83 – Jim Scarr, 1982
79 – Jose Reyes, 1984
77 – Albert Landeros, 2013
56 – Ross Meier, 1986
53 – Dan Dewater, 1984
51 – Branden Rush, 1995
49 – Isaiah Hurtado, 2011
48 – Hudson Buck, 2013
46 – Dan Dewater, 1985
44 – Tom Vierra, 1996
42 – Jim Martin, 1976
JD Thrall, 2005
41 – Juan Archuleta, 2007
Gavin Ludwig, 2007

** Most since the 2 count instead of 1 count for a NF

MOST FALLS
32 Alex Campos-Chambers, 2013
(SET STATE RECORD FOR TWO YEARS AT 52)
28 – John Ming, 1970
22 – Mark Loomis, 1980
20 – Alex Campos, 2012
18 – Leo Woodfork, 1988
17 – Steve Niles - 1966
16 – Hudson Buck, 2013
Laith Alnassiri, 2013
Leo Woodfork, 1987
Brandon Hamilton, 2007

14 – Allen Emmons, 2013
Rich Morrison, 1966
Paul Rodriguez, 2012
13 – Tyler Diamond - 2010
Victor Perry, 1996
12 – Sean Melton, 2012
Adam Blank, 2010
Shawn Brendle, 2009

MOST CHAMPIONSHIPS ONE SEASON
8 - Hudson Buck, 2013 (Ties State Record)
6 – Mark Loomis, 1980
Scott Teuscher, 1981
Jose Reyes, 1984
Blu Taylor, 1988
Jeff Hobart, 1991
Randy Leydecker, 1997
Mark Pfeifer, 2004
Juan Archuleta, 2007
Cody Vasconcellos 2008

SACRAMENTO CITY COLLEGE
FRESHMAN ATHLETE OF THE YEAR

2003-04 Mark Pfeifer Golden Sierra HS
(Note: this was the first year for this award)
MOST CHAMPIONSHIPS TWO SEASONS
11 – Blu Taylor, 1987-88
   Jeff Hobart, 1991-92
9 – Mark Pfeifer, 2003-04
8 - Hudson Buck, 2013
7 – Leo Woodfork, 1986-87
   Scott Teuscher, 1980-81
6 – Jose Reyes, 1983-84
   Ken Wharry, 1983-84
   Mark Loomis, 1980
   Randy Leydecker, 1997
   Juan Archuleta, 2007
   Cody Vasconcellos 2008

MOST TEAM POINTS SCORED
250 - Alex Chambers, 2013
233.5 - Hudson Buck, 2013
179.5 – Juan Archuleta, 2007
178 – Steve Niles, 1966
175 – John Ming, 1970
172 – Cody Vasconcellos, 2008
168 – Victor Perry, 1996
166.5 – Allen Emmons, 2013
165 – Taylor Hodel, 2013
164.5 – Mark Pfeifer, 2004
159 – Randy Leydecker, 1997
157.5 – Isaiah Hurtado, 2011
155 – Shane Clark, 2000
154 – Mark Loomis, 1980
153 – Tyler Diamond, 2009

SCC TEAM RECORDS

BEST CONFERENCE FINISHES
Camino Norte Conference Champions:
Bay Valley Conference Champions:
Big 8 Conference Champion:

BEST REGIONAL FINISHES
North Dual Champions: 2000, 2013

BEST STATE FINISHES
State Champions – Dual: 2000
Second Place: 2011
Second Place: 2013 (State Duals)
Third Place: 2010
Fifth Place: 1992, 2008
Sixth Place: 1988, 2004, 2005
Ninth Place: 1984
Tenth Place: 1986, 2006

MOST WINS
16 – 1977, 2000
14 – 1974, 1975
13 – 1967, 1972

BEST DUAL MEET AVERAGE
41.8 Points Per Dual - 2013
35.4 Points Per Dual – 2011
34.6 Points Per Dual - 2012
33.8 Points Per Dual – 1976
33.7 Points Per Dual – 1975
32.6 Points Per Dual - 2009
31.9 Points Per Dual – 1996
31.1 Points Per Dual – 1988
31.0 Points Per Dual – 1985
30.9 Points Per Dual – 1977

LOWEST AVERAGE BY OPPONENTS IN A DUAL MEET
7.2 Points Per Dual - 2013
9.5 Points Per Dual - 2011
10.3 Points Per Dual – 1976
10.7 Points Per Dual – 1972
12.6 Points Per Dual - 2009
12.7 Points Per Dual – 1988
13.0 Points Per Dual - 2012
13.8 Points Per Dual – 1985
13.9 Points Per Dual – 1996
14.3 Points Per Dual – 2000
14.4 Points Per Dual – 2001
15.5 Points Per Dual - 2010

DUAL MEET SHUTOUTS
Won 57-0 over SJ Delta College - 2013
Won 56-0 over SJ Delta College - 2013
Won 56-0 over SJ DELTA COLLEGE - 2008
Won 55-0 Over SJ DELTA COLLEGE - 2013
Won 55-0 Over YUBA COLLEGE – 1976
Won 54- 0 Over LASSEN - 2009
Won 52-0 Over NAPA COLLEGE - 1973
Won 52-0 Over CSU Sacramento - 2011
Won 51-0 Over SANTA ROSA JC - 1982
Won 50-0 Over SANTA ROSA JC – 1993
Won 48-0 Over CSU Sacramento - 2013
Won 46-0 Over SJ DELTA COLLEGE – 2004

BEST DUAL MEET WIN /LOSS PERCENTAGE
92%  2013          12 Wins       1 Loss
89 %,  2000          16 Wins       2 Losses
88 %  2011          7 Wins        1 Loss
86 %,  1984          6 Wins        1 Loss
83 %,  2010          10 Wins       2 Losses
83 %,  1982          10 Wins       2 Losses
82 %,  1975          14 Wins       3 Losses
82 %  2009          9 Wins        2 Losses
80 %,  1976          12 Wins       3 Losses
80 %,  1977          16 Wins       4 Losses
78 %,  1988          8 Wins        2 Losses
76 %  2001          12 Wins       3 Losses
### SCC – YEAR BY YEAR RESULTS

<table>
<thead>
<tr>
<th>Year</th>
<th>Coach</th>
<th>Won</th>
<th>Lost</th>
<th>Career Record:</th>
<th>Most Valuable Wrestler</th>
<th>Captain Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013-14</td>
<td>Coach David Pacheco</td>
<td>12</td>
<td>1</td>
<td>239 – 103-4</td>
<td>Alex Campos-Chambers, Jesse Hellinger, Winters HS</td>
<td>Alex Campos-Chambers – Chico HS and Hudson Buck – Vacaville HS</td>
</tr>
<tr>
<td>2012-13</td>
<td>Coach David Pacheco</td>
<td>7</td>
<td>2</td>
<td></td>
<td>Tyler Brown – Calaveras HS</td>
<td>Tyler Brown – Calaveras HS and Shawn Porter – Elk Grove HS</td>
</tr>
<tr>
<td>2011-12</td>
<td>Coach David Pacheco</td>
<td>7</td>
<td>1</td>
<td></td>
<td>Isaiah Hurtado – Sheldon HS</td>
<td>Isaiah Hurtado – Sheldon HS and Gavin Ludwig – Elk Grove HS</td>
</tr>
<tr>
<td>2010-11</td>
<td>Coach David Pacheco</td>
<td>10</td>
<td>2</td>
<td></td>
<td>Jesse Hellinger – Winters HS</td>
<td>Jesse Hellinger – Winters HS and Tyler Diamond – Oroville HS</td>
</tr>
<tr>
<td>2009-10</td>
<td>Coach David Pacheco</td>
<td>9</td>
<td>2</td>
<td></td>
<td>Joseph Garner – Monterey Trail HS</td>
<td>Anthony Harris – Rosemont HS and Tyler Diamond – Oroville HS</td>
</tr>
<tr>
<td>2008-09</td>
<td>Coach David Pacheco</td>
<td>8</td>
<td>3</td>
<td></td>
<td>Cody Vasconcellos – Central Catholic HS</td>
<td>Justin Lockling – Rio Linda HS</td>
</tr>
<tr>
<td>2007-08</td>
<td>Coach David Pacheco</td>
<td>7</td>
<td>4</td>
<td></td>
<td>Juan Archuleta – Sultana HS</td>
<td>Gavin Ludwig – Elk Grove HS and Robert Carothers – Rio Linda HS</td>
</tr>
<tr>
<td>2006-07</td>
<td>Coach David Pacheco</td>
<td>9</td>
<td>4</td>
<td></td>
<td>JD Thrall – Elk Grove HS</td>
<td>Jerred Dixon – Galt HS</td>
</tr>
<tr>
<td>2005-06</td>
<td>Coach David Pacheco</td>
<td>5</td>
<td>3</td>
<td></td>
<td>Josh Emmett – El Camino HS</td>
<td>Cory Compton – El Camino HS</td>
</tr>
<tr>
<td>2002-03</td>
<td>Coach David Pacheco</td>
<td>8</td>
<td>6</td>
<td></td>
<td>Todd Barden – Sutter HS</td>
<td>David Lee – Trinity HS and Eric Ticas – Sheldon HS</td>
</tr>
<tr>
<td>2000-01</td>
<td>Coach David Pacheco</td>
<td>16</td>
<td>2</td>
<td></td>
<td>Sion King – Florin HS</td>
<td>Sion King – Florin HS</td>
</tr>
</tbody>
</table>
1999-2000  Coach David Pacheco  
Walter Ulrich, Pat Coffing and Adam Coffing  
Most Valuable Wrestler: Sion King – Florin HS / Cortney Page – Bella Vista HS / Art Martinez – Woodland HS  
Captain Award: Nate Coffin – Trinity HS  

1998-99  Coach David Pacheco  
Walter Ulrich, Mike Collier and Brendon Buckley  
Most Valuable Wrestler: Daniel Castillo – Laguna Creek HS  
Outstanding Wrestler: Freddie Aquitana – Will C. Wood HS  
Captain Award: Nate Coffin – Trinity HS and Al Williams – Sacramento HS  

1997-98  Coach David Pacheco  
Walter Ulrich, Pat Coffing and Adam Coffing  
Most Valuable Wrestler: Sion King – Florin HS / Cortney Page – Bella Vista HS / Art Martinez – Woodland HS  
Captain Award: Nate Coffin – Trinity HS  

1996-97  Coach David Pacheco  
Walter Ulrich, Mike Collier and Brendon Buckley  
Most Valuable Wrestler: Sion King – Florin HS / Cortney Page – Bella Vista HS / Art Martinez – Woodland HS  
Captain Award: Nate Coffin – Trinity HS and Al Williams – Sacramento HS  

1995-96  Coach David Pacheco  
Walter Ulrich, Mike Collier and Brendon Buckley  
Most Valuable Wrestler: Sion King – Florin HS / Cortney Page – Bella Vista HS / Art Martinez – Woodland HS  
Captain Award: Nate Coffin – Trinity HS and Al Williams – Sacramento HS  

1994-95  Coach David Pacheco  
Walter Ulrich, Mike Collier and Brendon Buckley  
Most Valuable Wrestler: Sion King – Florin HS / Cortney Page – Bella Vista HS / Art Martinez – Woodland HS  
Captain Award: Nate Coffin – Trinity HS and Al Williams – Sacramento HS  

1993-94  Coach David Pacheco  
Walter Ulrich, Mike Collier and Brendon Buckley  
Most Valuable Wrestler: Sion King – Florin HS / Cortney Page – Bella Vista HS / Art Martinez – Woodland HS  
Captain Award: Nate Coffin – Trinity HS and Al Williams – Sacramento HS  

1992-93  Coach David Pacheco  
Jose Reyes and Gary Hubbel  
Most Valuable Wrestler: Branden Rush – Orland HS and Ruben Reynaga – Woodland HS  
Captain Award: Casey Tosta – Galt HS  

1991-92  Coach David Pacheco  
Jose Reyes  
Most Valuable Wrestler: Todd Parham – Ponderosa HS  
Outstanding Wrestler: Jeff Hobart – Elk Grove HS  
Captain Award: Chad Lavezzo – Oakmont HS and Todd Parham – Ponderosa HS  

1990-91  Coach David Pacheco  
Fred Marks  
Most Valuable Wrestler: Brent Kranig – Christian Brothers HS  
Outstanding Wrestler: Leo Woodfork – McClatchy HS  
Captain Award: Lee Soto – Del Campo HS (Oregon)  

1989-90  Coach David Pacheco  
Fred Marks  
Most Valuable Wrestler: Brian Ormson – Vacaville HS  
Captain Award: Clint Birch – Vacaville HS  

1988-89  Coach David Pacheco  
Fred Marks and Greg Mittlestadt  
Most Valuable Wrestler: Blu Taylor – El Camino HS and Adrian Burley – Cordova HS  
Captain Award: Lee Soto – Del Campo HS  

1987-88  Coach David Pacheco  
Fred Marks and Greg Mittlestadt  
Most Valuable Wrestler: Blu Taylor – El Camino HS  
Outstanding Wrestler: Leo Woodfork – McClatchy HS  
Captain Award: Kurt Rozzi – Bella Vista HS  

1986-87  Coach David Pacheco  
Fred Marks and Greg Mittlestadt  
Most Valuable Wrestler: Brent Kranig – Christian Brothers HS  
Captain Award: Brent Kranig – Christian Brothers HS
1985-86  Coach David Pacheco  
Most Valuable Wrestler:  Dan Dewater – Ponderosa HS  
Captain Award:  Dan Dewater – Ponderosa HS  

1984-85  Coach David Pacheco  
Won  4  Lost  4  
Coaches:  Jerry Elmore  
Most Valuable Wrestler:  Jose Reyes – Esparto HS  
Captain Award:  Phillip Scott – Fairfield HS and Jose Reyes – Esparto HS  

1983-84  Coach David Pacheco  
Won  2  Lost  3  
Coaches:  Ron Baldwin and Bill Hickey  
Most Valuable Wrestler:  Jose Reyes – Esparto HS  
Captain Award:  Paul Renken – Cordova HS and Jim Scarr – Ponderosa HS  

1982-83  Coach Bill Hickey  
Won  3  Lost  2  (Career Record: 155 – 69 – 2)  
Coaches:  David Pacheco and Ron Baldwin  
Most Valuable Wrestler:  Jim Scarr – Ponderosa HS  
Captain Award:  Scott Teuscher – Woodland HS and Mitch Clark – Kennedy HS  

1981-82  Coach Bill Hickey  
Won  10  Lost  2  
Coaches:  David Pacheco  
Most Valuable Wrestler:  Don Reppond – Ponderosa HS  
Captain Award:  Joe Pacelio – Ponderosa HS and Greg Reilly – Foothill HS  

1980-81  Coach Bill Hickey  
Won  10  Lost  7  
Most Valuable Wrestler:  Scott Teuscher – Woodland HS  
Captain Award:  Scott Teuscher – Woodland HS  

1979-80  Coach Bill Hickey  
Won  10  Lost  7  
Most Valuable Wrestler:  Mark Loomis – Bella Vista HS  
Captain Award:  Scott Teuscher – Woodland HS  

1978-79  Coach Bill Hickey  
Won  10  Lost  3  
Most Valuable Wrestler:  Mitch Clark – Kennedy HS  
Captain Award:  David Aleman – McClatchy HS and Mitch Clark – Kennedy HS  

1977-78  Coach Bill Hickey  
Won  11  Lost  5  
Most Valuable Wrestler:  Chuck Botelho – Davis HS  
Captain Award:  Chuck Botelho – Davis HS  

1976-77  Coach Bill Hickey  
Won  16  Lost  4  
Most Valuable Wrestler:  David Pacheco – Burbank HS and Mario Betti – McClatchy HS  
Captain Award:  Duane Fidel – Cordova HS  

1975-76  Coach Bill Hickey  
Won  12  Lost  3  Tie  1  
Most Valuable Wrestler:  Mario Betti – McClatchy HS and Duane Fidel – Cordova HS  
Captain Award:  Robert Johnson – Pennsylvania  

1974-75  Coach Bill Hickey  
Won  14  Lost  3  
Most Valuable Wrestler:  Bill Zimmerman – Norte Del Rio HS  
Captain Award:  Bill Zimmerman – Norte Del Rio HS  

1973-74  Coach Bill Hickey  
Won  14  Lost  4  
Most Valuable Wrestler:  Santiago Kinanihan – Burbank HS  
Captain Award:  Harvey Spencer – Oklahoma  

1972-73  Coach Bill Hickey  
Won  9  Lost  6  Tie  1  
Most Valuable Wrestler:  Tom Zehnder – Elk Grove HS  
Captain Award:  Roger Clough – Ponderosa HS  

1971-72  Coach Bill Hickey  
Won  13  Lost  6  
Most Valuable Wrestler:  Ron Laycock – El Dorado HS  
Captain Award:  Paul Helvick – Davis HS and Ron Laycock – El Dorado HS  

1970-71  Coach Bill Hickey  
Won  11  Lost  7  
Most Valuable Wrestler:  Nate Harris – Grant HS  
Captain Award:  John Zehnder – Elk Grove HS and Nate Harris – Grant HS  

1969-70  Coach Bill Hickey  
Won  12  Lost  10  
Most Valuable Wrestler:  John Ming – Elk Grove HS  
Captain Award:  John Zehnder – Elk Grove HS
<table>
<thead>
<tr>
<th>Year</th>
<th>Coach</th>
<th>Record</th>
<th>Most Valuable Wrestler</th>
<th>Captain Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>1968-69</td>
<td>Bob Towers</td>
<td>Won 9 Lost 13 (Career Record: 36-64)</td>
<td>George Bigelow – Minnesota</td>
<td>George Bigelow – Minnesota</td>
</tr>
</tbody>
</table>