2014 PANTHER VOLLEYBALL CAMPS

June 23–26    Beg/Int Camp     7:00–9:00 pm     North Gym
July 28 – 31  Setters Clinic     4:00–5:30 pm     North Gym
July 28 – 31  All Skills Camp   6:00–9:00 pm     North Gym

About the Camps....

The Panther Volleyball Camp's 26 successful years are due to a commitment of teaching sound fundamentals of the sport and devoting personal attention to all campers. Whether you are a beginner or a seasoned player, these camps will provide young athletes an opportunity to experience volleyball instruction from collegiate coaches and athletes in a collegiate environment.

Ages 10 - 18, girls and boys welcome! Each player will receive quality individual attention, quality repetitions, and quality instructional feedback to maximize learning and enjoyment of the sport of volleyball.

Instruction and coaching is given in all skills of the game of volleyball in an enjoyable environment. Drills and competitive games are designed to focus on sound fundamentals, quality team offense and defense, teamwork, and sportsmanship. The Beginning/Intermediate Camp is geared towards the younger athlete or inexperience player including basics, basics, basics. The Setters Clinic is a creative camp environment for the development of the setter, opposite, and libero. The All Skills Camp is a comprehensive camp which includes challenging and creative methods to prepare the player for their season.

CAMP PAYMENT .........
$100 per camper – Beg/Int Camp
$75 per camper - Setters Clinic
$130 per camper - All Skills Camp
$185 - Both clinic and All Skills Camp
Make checks payable to SCC Women's Volleyball and send to Sacramento City College, Attention: Laurie Nash at 3835 Freeport Blvd., Sacramento CA 95822-1386
*Each camper will receive a PANTHER VB CAMP T-SHIRT (registered by July 18th) - 1 tshirt per camper
Camp Leaders

Laurie Nash has been the Head Women's Volleyball Coach at Sacramento City College for 15 years and has been involved with the Panther Volleyball Camp for 20 of its 26 years. Coach Nash believes that the longevity of the Camp is due to the popularity of the sport of volleyball and the enjoyment that the campers get out of it. “WE love what we do here at CITY College and we can’t wait to pass it on”.

Josh Velasquez - This will be Coach Josh's 10th year as the 1st Assistant Coach at Sacramento City College and with the Panther Volleyball Camp. Josh has been the Camp Director at SCC for the past 3 years and looks forward to working with the campers and creates a great learning environment.

Camp Coaches

The 2014 Sacramento City College Women's Volleyball Team will be directly involved with assisting the campers with drills and giving positive reinforcement. The team is instrumental in providing a very positive "collegiate" experience for the campers.

What to bring to Camp........

Please bring appropriate volleyball clothing and shoes, kneepads, and a water bottle.

What you will need........

Camp Application and waiver and Camp Payment (must be pre-registered by July 18th to receive a camp t-shirt, downloaded and sent to address below).

Contact: Laurie Nash (916) 558-2498 or nashl@scc.losrios.edu